

**Explorer Award - Building Patrol Life**  
**(Estimated Completion Time 12 Months)**

Theme / Thread	
<b>Citizenship and Global Awareness</b>	<ol style="list-style-type: none"> <li>1. Hold at least ONE of the following Proficiency Badges:- Civics Proficiency or any National Campaign Badge</li> </ol> <hr/> <ol style="list-style-type: none"> <li>2. Participate in an International Exchange Activity. Discuss with your Patrol your experiences from the activity. Include in your discussion how you appreciated differences in how people from different cultures live. Record your discussion in your Journal. (Examples include, but are not limited to overseas Scout Jamboree/Camp, JOTA/JOTI, cultural exchange programme, hosting of foreign scouts, or any school-based trip for international experience (TIE), etc.)</li> </ol> <p>OR</p> <ol style="list-style-type: none"> <li>2. Hold at least ONE of the following Proficiency Badges: Conservator, World Friendship, World Scout Environment Programme.</li> </ol>
<b>Leadership and Interests</b>	<ol style="list-style-type: none"> <li>1. Attend a <b>Scout Leadership Course</b>.</li> </ol>
<b>Adventure and Outdoor</b> Core Scouting Activities are: <ul style="list-style-type: none"> <li>• Camping</li> <li>• Outdoor Exploration / Expedition</li> <li>• Knotting &amp; Pioneering</li> <li>• Outdoor Cooking</li> </ul>	<ol style="list-style-type: none"> <li>1a. Be able to assess the <b>basic health and safety needs</b> for core Scouting activities and make logistics preparations for them.</li> <li>1b. Hold the First Aid or Life Saver II Badge.</li> </ol> <hr/> <ol style="list-style-type: none"> <li>2a. Lead your Patrol in an <b>Outdoor Exploration / Expedition OR Camp</b>.</li> <li>2b. Plan either an <b>Outdoor Cooking OR Knotting &amp; Pioneering</b> activity for your Patrol.   <i>Fulfilling (2a) will fulfill the requirement for NYAA Bronze (Adventurous Journey).</i>  <i>Fulfilling (2a), Discoverer Award (3) and Voyager Award (2) will fulfill the requirement for NYAA Silver (Adventurous Journey).</i>  <i>Fulfilling (2b) and Voyager Award (3) will fulfill the requirement for NYAA Silver (Skills Development).</i> </li> </ol> <hr/> <ol style="list-style-type: none"> <li>3. Hold at least ONE of following <b>Outdoor and Adventure Proficiency Badges</b>:- Abseiler, Angler, Air Navigator, Boat Puller I, Camp Cook, Camper, Canoeist I, Cyclist, Dragon Boater, Explorer, Naturalist, Pioneer, Rock Climber, Optimist I, Power Craft I, Sailor I, Skin Diver I, Scuba Diver I, Windsurfer I or Open Theme Collective Badge of an Adventurous nature.</li> </ol>
<b>Service and Community</b>	<ol style="list-style-type: none"> <li>1. Select a community and perform <b>regular service</b> to it taking at least EIGHT hours over at least FOUR separate occasions.             You should be able to explain to your Patrol Leader or Scout Leader your choice of community served.            This service should not be performed as part of a mandatory school programme.  <i>Fulfilling (1), Scout Badge (1) and Discoverer Award (1) will fulfill the requirement for NYAA Bronze (Service).</i>  <i>Fulfilling (1) and Voyager Award (1) will fulfill the requirement for NYAA Silver (Service).</i>             You should be able to explain to your Patrol Leader or Scout Leader the importance and impact of your act.         </li> </ol>

Theme / Thread	
Sports and Physical Recreation	<ol style="list-style-type: none"> <li>1. Lead your Patrol in at least <b>TWO Scouting games</b> requiring teamwork during a Troop meeting and assist in the organisation of <b>ONE</b> Scouting game for your Troop.</li> <li>2. Learn a <b>recreational sport</b> that is new or unfamiliar to you OR hold at least <b>ONE</b> of the following Proficiency Badges:- Athlete, Master-at-Arms, Sportsman, Swimmer I.</li> <li>3. Set a goal for physical fitness for a period of <b>TEN</b> weeks and participate in it regularly (no less than 30 hours) to show improvement over this period, and understanding that <b>smoking, alcohol and drug abuse</b> are detrimental to a healthy lifestyle. <i>Fulfilling (1), Voyager Award (1) and (3) will fulfill the requirement for NYAA Silver (Physical Recreation).</i></li> </ol>
Inspirations, Beliefs and Attitudes	<ol style="list-style-type: none"> <li>1. <b>They Say, I Quote</b> Collect inspirational and meaningful quotes on Scouting, Leadership, and Nature. Choose and share your favourite <b>FIVE</b> with your Patrol. Discuss why these quotes are meaningful to you and relate how they help you as a Scout.</li> <li>2. <b>Reflections</b> Spend at least 30 minutes in solitude in a natural surrounding. Observe and feel with your senses. Reflect: Why is nature important to you? Why should I take care of nature? What is <b>ONE</b> thing that i can do to take care of the Nature?  <ul style="list-style-type: none"> <li>• Record your observations and reflections.</li> </ul> </li> </ol>
Creative Pursuits	<ol style="list-style-type: none"> <li>1. Play a leading role in <b>ONE</b> of the following activities:- Perform in front of an audience. (Examples include, but are not limited to act in a sketch or a skit, perform magic tricks, sing, dance, play a musical instrument, puppet show, etc.) OR Create a <b>collaborative artistic piece</b>. (Examples include, but are not limited to painting, drawing, illustration, graphic design, photography, handcraft, model making, etc.) OR <b>Problem solving activity</b> which require critical and creative thinking, effective teamwork and communication, time management and problem solving. (Examples include, but are not limited to, scenario-based or problem-based game, initiative game, timed challenges, etc.)</li> </ol>