



Gold Arrow Award

Outdoor Scouting (Choose Two)

1. **USE A MAP**
Use a Travel Map or Street Directory, to plan a journey or hike.
2. **OUTDOOR COOKING**
Light a fire out of doors and successfully boil a mug of water.
3. **KNOTS**
Learn how to tie at least three knots which are new to you and use them in an activity, if possible outdoors.
4. **DIRECTION FINDING**
Use a compass and one other method to find the North in an outdoor environment.
5. **HIKING**
With your Leader, help to plan and take part in a group hike with other Cub Scouts in a National Park.
6. **SHELTER BUILDING**
Build a simple shelter out of door.
7. **CAMPING**
Spend at least one night in a tent with other Cub Scouts.
8. **CAMP GADGETS**
Design and make at least two gadgets you could use in camp.

Sports and Hobbies

1. Choose one which you already completed and tell other Cub Scouts and Leaders what you have done recently to improve or develop your hobby or sport; and
2. Try one which is new to you.

Helping Others (Choose One)

1. **FIRST AID**
Show you know how to stop bleeding by using direct pressure and show two uses of a triangular bandage.
2. **WATER SAFETY**
Know at least three water safety rules and show you can use at least one method to help someone who has fallen in the water.
3. **HOME SAFETY**
Discuss with your Leader on what you can do to prevent crime and accidents in the home and know what to do in cases of emergencies at home or in your Scout Headquarters.

4. SPECIAL GOOD TURNS

Lead your Pack to do a good turn.

5. HELPING AKELA

Help your Akela to run your Pack for at least four weeks.

Looking After Yourself (Choose One)

1. KEEPING HEALTHY

Name at least two good habits on personal hygiene and cleanliness.

2. KEEPING FIT

Show that you know how to keep yourself fit and what bad habit can damage your health.

3. GOOD FOOD

Name at least two types of foods that are good for you and the dangers of a poor diet.

4. ROAD SAFETY

Identify at least ten traffic signs correctly and either show how to cycle safely or know how to behave safely as a car passenger.

Science and Nature (Choose One)

1. WEATHER STATION

Set up a weather station with at least three different instruments and use it to record the weather for two weeks.

2. MAINTENANCE

Help an adult with the routine maintenance of a bicycle, car, boat or other machinery.

3. CONSTRUCTION KIT

Build a model using a technical construction kit and explain how the model works.

4. TECHNICAL EQUIPMENT

Show you can use a computer, video camera, electronic keyboard or other piece of technical equipment, and that you know how to work its main features.

5. SURVEYS

Take an active part in a hedge, pond or stream survey.

6. CONSERVATION PROJECT

Take an active part in a project that helps improve the environment.

7. WILDLIFE IN DANGER

Find out and display some information about the habitat and special needs of an endangered species.

8. FEED THE ANIMALS

Make a bird feeder or table and feed the birds regularly with suitable foods or make a shelter for an animal and feed it with suitable food.

**The Singapore Scout Association
National Programme Council**

9. ADOPT A PLOT

Improve and maintain a part of a garden or other piece of land.

Creativity (Choose One)

1. ACTING

Contribute to and take part in a sketch or mime.

2. MUSIC

Take part in a performance by singing, playing a musical instrument or dancing.

3. PUPPETS

Contribute to, or take part in a puppet or shadow play.

4. REPORTERS

Contribute a story, report, poem or picture to a Group or local newsletter.

5. PAINTING AND DRAWING

Paint or draw some pictures or create a comic strip or series of cartoons.

6. TAKING PICTURES

Create an album of photographs or slideshow of digital picture or contribute to a video clip or film and show it to others.

7. CRAFTS

Make something using a craft method which is new to you, or make a model or kit to a good standard.

8. OVER TO YOU

Take part in any other form of entertainment or handcraft as agreed with a Leader.

My Community (Choose One)

1. COMMUNITY HELP

Do something to help a local hospital, place of worship, nursing home or children's home or the disabled OR help plan and take part in a project to improve the surroundings in your area.

2. COMMUNITY GROUPS

Take part in a local activity or event organised by a group outside Scouting.

3. PEOPLE WHO HELP

Meet or visit someone in your area who helps the community and discuss with your Akela regarding their contributions to the Community.

4. LOCAL CHARITY

Find out something about a local or national charity and think up ideas of how you can help them. Send them a copy of your ideas and suggestions.

Other Countries and Cultures (Choose One)

1. INTERNATIONAL MEETING

Help organise a Pack Meeting to show what life is like in another country.

2. INTERNATIONAL ORGANISATIONS

Find out about an organisation that helps people in other countries and list at least two contributions this organisation has provided.

3. INTERNATIONAL SCOUTING

Find out about Scouting in some other countries and make contact with at least two Scouts from abroad or participate in JOTA/JOTI.

4. OTHER PEOPLES' CULTURES

Find out something about the traditions, customs and religions of a culture other than your own.

My Scout Promise

1. Make up a prayer or reflection about a Pack activity or meeting in which you are taking part and share it with others or contribute and take part in Scout's Own Service.
2. When you have completed most of the activities for this award, talk to your Akela about them and how you have tried to put your **Scout Promise** and **Law** into practice in everything you have done.

My Scout Family

1. Find out and discuss with your Leader how the Patrol System works in the Scout Unit and how you can gain one of the Scout Progress Badges.
2. Take part in an activity with some Scouts.

Complete two more activities from the above of any section.

All Rounder Skill Proficiency

Attain two Proficiency Badges of your choice.

1. Extension Scouts.