Theme / Thread	
Citizenship and Global Awareness	 Investigate the origins and meanings behind the National Symbols of your own country. (Examples include, but are not limited to National Flag, National Anthem, Coat of Arms, etc) Participate and understand the significance of Scout Ceremonies, including Scout basic drills.
Adventure and Outdoor	Learn about Basic Self Care in Outdoor Settings.
Core Scouting Activities are: Camping Outdoor Exploration / Expedition Knotting & Pioneering Outdoor Cooking	 Participate in at least ONE of the Core Scouting Activities with your Patrol. (Explanatory Note: Given that the objective of Tier 1 is to be initiated into Patrol Life and Scouting, a Scout should have an opportunity to participate in core Scouting activities so as to be integrated and engaged in Scouting life. These may be a sequence of activities under one core activity area, or a mix of activity areas.)
	Participate in an outdoor activity of an adventurous nature lasting about THREE hours. (Activities should not be one of the core scouting activities in no. 2)
Service and Community	With a fellow Scout, explore the area around your Troop's activity base, school or home. You may take photographs of interesting things, be prepared to discuss briefly about the possible needs of the community you have explored and record in your Journal.
Sports and Physical Recreation	 Participate in a Scouting game requiring teamwork during a Troop meeting. (Examples include, but are not limited to Trestle Chariot Race, Sour Grapes, Capture the Flag, Blindfold Tent Pitching, 3-2-1 Flag Staff, etc. Units can exercise creativity in design.)
	 Set a goal for physical fitness for a period of THREE weeks and participate in it regularly (no less than FIVE hours) to show improvement over this period. Fulfilling (1), (2) and Discoverer Award (2) will also fulfill the requirement for NYAA Bronze (Physical Recreation).
Inspirations, Beliefs and Attitudes	My Beliefs Share with your Patrol your beliefs and practices in your religion. (Choose any religion to research into if you do not have one)
	Thank You Note down acts of kindness towards you in your Journal. Write a letter of gratitude to someone whom you are thankful to in life.
Creative Pursuits	1. Take active part in ONE of the following activities with your Patrol Perform in front of an audience. (Examples include, but are not limited to act in a sketch or a skit, perform magic tricks, sing, dance, play a musical instrument, puppet show, etc.) OR Create a collaborative artistic piece. (Examples include, but are not limited to painting, drawing, illustration, graphic design, photography, handicraft, model making, etc.) OR Problem solving activity which require critical and creative thinking, effective teamwork and communication, time management and problem solving. (Examples include, but are not limited to scenario-based or problem-based game, initiative game, timed challenge, etc.)